



A SOFTWARE SOLUTION THAT
PREVENTS INJURIES
PROMOTES WELLNESS,
AND ENHANCES PRODUCTIVITY



PREVENTING INJURY. PROTECTING PROFITABILITY.

The personal computer might be the most important productivity tool of our time. But that productivity can come at a cost. Repetitive strain injuries can sideline employees when you need them most – and that loss can take a toll on your bottom line.

That's why Enviance brings you RSiGuard, a software solution that helps prevent computer-related injuries, encourages healthier work patterns, and keeps employees comfortable by:

- ✓ **Maintaining awareness:** Helpful reminders keep employees aware of healthy computer-related work habits.
- ✓ **Reducing strain:** Hot keys dramatically reduce repetition – lowering risk while boosting productivity. AutoClick eliminates strain associated with mouse clicking.
- ✓ **Taking breaks:** Break reminders promote regular rest from repetitive activities, allowing for time to relax, regain awareness of posture and work patterns, and take stock of how the body is feeling.
- ✓ **Reducing tension:** 31 video stretches enable re-energizing and rejuvenating breaks.



RSiGuard is simply a magnificent program...I highly recommend RSiGuard to everyone who works hard. It'll keep your body and hands healthy!

Phillip S. Pang, M.D., Ph.D.
Stanford University Medical Center

RSIGUARD FEATURES:



BreakTimer:

One of the best ways to stay comfortable at the computer is to rest sufficiently. BreakTimer analyzes work patterns and intelligently suggests breaks when they're needed. During breaks, 31 multi-camera angle stretch videos provide safe suggestions for rejuvenating physical activity.



ForgetMeNots:

Self-awareness is key for behavioral change. ForgetMeNots boost awareness via reminder messages and microbreaks. ForgetMeNots display preset messages triggered by your behaviors, and custom messages added by a user or manager.



ErgoCoach:

Provides a powerful set of tools and training for optimizing use of sit-stand desks, multiple monitors, shared workstations, and notebook computers.



AutoClick:

Grasping and clicking the mouse are two of the most injury-inducing computer activities. AutoClick dramatically reduces this exposure by automatically clicking the mouse for you.



KeyControl:

Allows the user to open files, applications or websites; type common text; perform mouse operations; and complete almost any complex repetitive task with a single keypress. KeyControl boosts productivity while significantly reducing keystrokes and mouse repetition.



UserInsight and GroupInsight:

RSIGuard collects extensive information about each employee's use of the computer. You can gain insight about users and subsets of your organization using these powerful reporting tools.

OES INTEGRATION:

Integrate with Enviance's enterprise ergonomic program automation/management system. Everything about the OES works better when it's tightly integrated with your employee's desktop. Employees can easily access the dashboard to: correct ergonomic issues; get necessary training, assessments and messaging; view custom content; and get a high level view of their computer exposure, behavior, psychosocial, workstation, and environmental status all in one place. You can more effectively connect with employees, track their progress, and even make ergonomic corrections remotely by updating RSIGuard features. And of course you still have all the great reporting, case management, and automation features you've come to expect from the OES.

EVERY MAJOR INDUSTRY COUNTS ON RSIGUARD.

AEROSPACE/DEFENSE/ENGINEERING

AeroJet
Boeing
BWX Technologies
Lawrence Berkeley National Laboratory
Northrup Grumman
Pratt & Whitney
Raytheon
Sandia National Laboratories

GOVERNMENT

Cities of San Jose, Downey, Fairfield, and Fremont, California
Counties of Alameda, Monterey, San Bernardino, San Diego, San Mateo, Sonoma, Tulare and Ventura, California
Golden Gate Bridge Authority
National Archives of Australia
National Library of Australia
State of Washington
UK Department for Business, Innovation & Skills
UK Land Registry

HEALTHCARE

Alta Bates Medical Center
Becton, Dickinson and Co.
Catholic Healthcare West
Central CA Alliance for Health
City of Hope Medical Center
Kaiser Permanente Hospitals
Stanford Hospitals
Sutter Health System

HIGH TECH

Agilent Technologies
Applied Materials
CNET
National Semiconductor
Seagate
Texas Instruments
Yahoo!

HIGHER EDUCATION

Bowdoin College
Santa Barbara Business College
University of California
University of Western Australia
York University, Canada

INSURANCE/FINANCIAL SERVICES

AETNA
Health Net
Liberty Mutual
Mutual of Omaha
State Farm
Wells Fargo

MANUFACTURING/CONSUMER

Clorox
DuPont
Eastern Mountain Sports
Illinois Tool Works
Leprino Foods
Otis Elevator
Praxair
Ransomes Jacobsen
W.R. Grace

PHARMACEUTICALS /BIOTECH

Bio-Rad Laboratories
Cell Genesys
Codexis
Exelixis
GlaxoSmithKline
PDL BioPharma

UTILITIES/TELCO/ENERGY

BP
Bruce Power
Chevron
Entergy
GE Oil & Gas
Hawaiian Electric
Orange Communications
Seattle Public Utilities
Santa Clara Water District

TRY RSIGUARD FREE FOR 45 DAYS

Call us today at 800.776.5545 or at 415.332.6433, or visit www.rsiguard.com. Enviance delivers a comprehensive suite of software solutions to help organizations prevent workplace injuries, reduce injury-related costs, and increase productivity and profitability.

ENVIANCE